



Ammerdown

HOSPITALITY • PEACE • RECONCILIATION

Quarterly Supplement

Welcome to the first Ammerdown Quarterly Supplement, which includes weekly courses, talks and events that are not included in the 2020 brochure.

January - March 2020



**Painting in the Park and Themes inspired
by Ammerdown
Barry Wills**

Every Monday from 13 January to the 16
March, 9.30am-12.30pm
£95 for a 10 week course
S0120

Tea and coffee is included.

Due to popular demand, Painting in the Park returns for a third series, having provided artwork for our beautiful Ammerdown calendar 2020. This course is for both beginners and the more experienced painter and is led by local artist Barry Wills. Barry has been involved with art and teaching both children and adults all his life. The paintings that adorn our corridor pay tribute to his talent.



Challenges to Reconciliation in Bosnia

Dr Waqar Azmi OBE

Wednesday 22 January, 7-9pm

£20

S0220

Includes two course meal, tea and coffee, bar available.

The first of our Core Value Dinner Talks in 2020 welcomes Dr Waqar Azmi who will speak about some of the issues that still exist following the Dayton Peace Agreement. In particular, his talk will explore how denial of the genocide and the atrocities committed remains a major impediment. Dr Waqar Azmi OBE is the founder and chairman of Remembering Srebrenica. He is the UK government's former chief diversity adviser at the Cabinet Office and the EU ambassador for intercultural dialogue.

Need some peace
and quiet?
Come to
Ammerdown for a
peaceful day with
prices starting from
£15





Mark: A Sideways look at an edgy Gospel

Rev Peter Chave
Tuesday 4 February, 2-4pm

£5
S0320

Tea and coffee is included.

Mark's Gospel is not a serene biography of Jesus with a happy ending. It is an artful, dark, disturbing narrative that resists closure and leaves every reader with the existential question posed by Jesus: 'But who do you say that I am?' (8:29). Let us explore Mark together. Please bring a bible with you.

Rev Peter Chave is a retired United Reformed minister dedicated to Jewish-Christian dialogue and Christian ecumenism.



True Inclusion: Creating Communities of Intersectional Inclusion

Brendan Robertson
Monday 10 February, 7-9pm

£5
S0420

Tea and coffee is included.

In this lecture, Brendan walks the audience through the principles of his groundbreaking book "True Inclusion: Creating Communities of Radical Embrace" which calls progressive people of faith to move beyond LGBT+ inclusion to a truly intersectional understanding of inclusion. Visiting from the USA, Brendan Robertson is a noted author, activist, theologian, and pastor, working at the intersections of spirituality and social renewal.

"Brendan is a bold and courageous spiritual leader,"
Fr. Richard Rohr, OFM.



Hate Crime Awareness Training with SARI (Stand Against Racism and Inequality)

Alex Raikes MBE
Wednesday 19th February, 9.30am-12.30pm

£30
S0520

Tea and coffee is included.

Hate Crime is a constant news item. If we are to tackle it, we must understand what it is and know how to deal with it. This training is led by the CEO of SARI, Alex Raikes MBE. SARI is a service user, community-oriented agency that provides support and advice to victims of hate, and promotes equality and good relations between people with protected characteristics as defined by law.



Fun Singing for Well Being

Helena Softley
Thursdays from 27th February to the 2nd April, 7-8:30pm

£45 for six sessions
S0620

Tea and coffee is included.

Helena's workshops are informal and great fun! A professional singer/songwriter for over 30 years, she covers all styles of music; from Folk and Blues, Rock and Gospel, to pop songs you know and love. Her relaxed style of teaching is easy to follow. Singing is a natural anti-depressant, it lowers stress levels, improves mental alertness, improves posture, strengthens the immune system, and most of all – it's fun!



Meet our Hindu Neighbours

Sunday 8 March, 3-5pm
FREE event
(Donations welcome for Interfaith Work)
S0720
Tea, coffee and cake is included.

Come and celebrate the Festival of Holi. This is the Hindu spring festival, also known as the festival of colours or the festival of love. Meet our Hindu neighbours, learn about their faith and join in the fun!



Building Peace & Security in a Time of Crisis

Diana Francis
Wednesday 11 March, 7-9pm
£20
S0820

Includes two course meal, tea and coffee, bar available.

Diana Francis, a Quaker, is a lifelong peace campaigner with many years of international experience. She is a key player in Rethinking Security, an initiative that was born at Ammerdown in 2014, when a group of 'peace professionals' met to discuss the need for a radically different approach to human security (www.rethinkingsecurity.org.uk): one which acknowledges the reality of human and ecological interdependence and is created by people thinking and working in solidarity with each other: a shared conversation for a common purpose.



Would you like to learn Arabic?

with
Sheikh Rashad Azami

Sheikh Rashad Azami is ready to teach Arabic at Ammerdown. If you would like to join the class, please contact us by email: christine.clinch@ammerdown.org

Do you have
your 2020
Ammerdown
brochure?



TLC Days

**Thursdays 16 January; 20 February;
19 March, 10am - 2pm
Cost £12 per session.**

These provide people who have retired with an opportunity to have a day out at Ammerdown once a month.

Includes

- a delicious two course cooked lunch
- an activity such as a film, talk or craft
- an optional service in the Chapel
- plenty of time to chat and enjoy each other's company.

All are welcome!
Book your place now!



Refreshing Days for Carers

**Tuesday 11 February, 10am - 4pm
Cost £25 per session.**

Those who care for others need themselves to be nurtured and cared for. These days are designed to do just that.

Includes

- one session of complementary therapy such as Reflexology or Indian Head Massage
- workshops and creative arts
- an optional service in the Chapel
- a delicious two course cooked lunch
- the chance to enjoy Ammerdown's gardens.

All are welcome!
Book your place now!

Book now for courses in our brochure...

Quiet Day
Religion and Genocide
Mindfulness
Writing Workshop
Diverse Doors Open Day
Chinese Brush Painting
Stitched Textiles
Instructions for Living a Life
Sugar Flowers Three Ways
Chocolate Workshop

Contact us

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The Ammerdown Centre



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