

## About the leaders

**MARGARET BENEFIEL, PH.D.** is the Executive Director of the Shalem Institute. Prior to coming to Shalem, she ran her own consulting, speaking, training, and coaching business, Executive Soul, helping leaders and organizations nurture their souls and express their deepest values institutionally. Margaret has written extensively on leadership, including *The Soul of a Leader*; *Soul at Work*; *The Soul of Higher Education*; and *The Soul of Supervision*.

**MARGIE BUCHANAN-SMITH** has played a variety of leadership roles within the humanitarian aid sector. She has conducted and published research into models of excellence in value-driven humanitarian leadership across the globe. She now works as an independent consultant and facilitator and is a professionally qualified coach. She is frequently called upon to lead cross-cultural teams for international projects.



## Cost

The full programme costs £4,500. Early bird discount is £4,300 with deposit payment by 15 March, 2023. Payment plans and scholarships available.

## Testimonial

*"The Soul of Leadership course equipped me, not only to deal better with change, but also to manage complexity.*

*By combining knowledge sharing with practice, I discovered how to create an 'inner sanctum', from where I am able to lead much more effectively"*

- Elmor van Staden  
IT Executive.

*"The Soul of leadership has been by far one of the best programmes I have been on. It has the right balance of information, theory, insights and space to reflect. The programme had a huge impact at a professional, spiritual and personal level and I am very grateful for the new opportunities which unfolded from this experience"*

- Daniela Bultoc  
Higher Education Trainer & Coach  
Organisational Development Consultant



# Soul of Leadership



Soul of Leadership is offered in partnership with Shalem Institute for Spiritual Formation.



To Book  
The Ammerdown Centre  
Ammerdown Park BA3 5SW  
01761 433709  
centre@ammerdown.org  
www.ammerdown.org

Financial  
assistance  
available



Ammerdown  
WISDOM • COURAGE • BELONGING

Soul of Leadership is an inspiring and enriching 18-month programme for anyone in a leadership role who wishes to deepen their inner resources to lead with long-term effectiveness and integrity.

Leaders today face particularly difficult challenges. The commitment to inspire others while also increasing productivity and balancing the needs of their organisation can leave leaders feeling depleted. Long hours and countless demands often result in a deep need for renewal.

This programme is for anyone facing difficult leadership challenges, and for those who are looking for a fresh approach to leadership amidst longer working hours and increasing demands.



This 18-month programme includes:

- Four residentials, each featuring a different leadership focus.
- Meetings (in-person or virtual) with a small, regionally-based cohort between residentials
- Personal reflective practice
- An online forum for discussion and reflection.



## Dates

12-15 June 2023

8-11 January 2024

3-6 June 2024

6-9 January 2025

*Each residential begins at 11am and ends with lunch on the final day.*

## The Residentials

### **Grounded in Spirit: contemplative leadership for the 21st Century June (Year 1)**

The first residential considers the structures and processes of 21st-century decision-making (both individual and corporate) and explores how discernment practices can be integrated into decision-making. Insights from the fields of spirituality, management, and leadership studies will be combined to examine decision-making and discernment in various settings.

### **The 6 R's of Sanctuary January (Year 1)**

The second residential focuses on how leadership efficacy is enhanced as leaders intentionally take time apart from their leadership context to engage in spiritual practices. This residential will share learning gained from leadership, theology, and spirituality studies as a means to teach participants a spiritually-connected and grounded way of leadership.

### **Contemplative Leadership for Change June (Year 2)**

The third residential will help participants consider how they adapt to change. Through an experiential, interactive process, participants will examine continuity and change in their own lives and in the lives of the groups they lead, and learn how to identify and overcome blocks that prevent them from achieving their goals.

### **Putting it All Together January (Year 2)**

The final residential will help participants develop a "Rule of Life" plan that allows them to fully integrate their learning and experiences into their leadership contexts.