



Ammerdown

HOSPITALITY • PEACE • RECONCILIATION

Quarterly Programme *October - December 2022*



Welcome,

It's that time of year again where the nights are drawing in and the temperature outside is dropping, so why not put your feet up, grab a blanket and take a look at the next few months worth of Ammerdown Courses! As always we hope to offer something for everyone and we even have the dates for our Ammerdown Christmas Meals. We look forward to welcoming you!

For bookings and courses beyond December, please check out our website's 'What's on' page for details.

To Book...

Please bear with us while we continue to perfect our new online booking system. To book or for more information, please phone us on 01761 433709 or email admin@ammerdown.org.

October

Caring for Creation

Sue Glanville

Sunday 2 October - Tuesday 4 October

Please arrive by noon, course ends with lunch.

Residential - £208 Non Residential - £108

Residential Course - R3422

The retreat begins with a trip to Hazlenut Community Church in Bristol. Their mission is to follow the creator God and be inspired by permaculture principles in order to create natural spaces of peace that have social innovation, economic inclusion, political and spiritual transformation at their heart. We will also watch 'The Ants and the Grasshopper', a film about gender, race, climate change and the future of the planet that asks 'how do you change someone's mind about the most important thing in the world?' There will also be a woodland meditation and time to be renewed by Nature Poetry. And, of course, we will learn from each other as we discover what we can do individually about climate change. We would love you to join us!



Meet the Artist

David Moss

Sunday 2 October

3:30pm - 5pm

FREE

Day Course - D4422

Currently, David Moss's artwork is being exhibited at the Ammerdown Centre. In July 2022 David Moss became a Reverend, being ordained as a OneSpirit Interfaith Minister. The gateways for the two year course happened at Ammerdown, hence his connection with this special place. 'The doors are open as to how my ministry will unfold in the months and years to come but I have viewed my artistic and musical life as a kind of ministry for many years.' Come and meet David at the Centre and view his beautiful work.

Refugee Meet Up

Saturday 8 October

12pm - 5pm

Free

Please book by phone or email - details below.

Following the success of the Refugee Meet Up held at Ammerdown in August, we are planning our next!

There will be delicious food, activities for children, a free clothing shop, the use of our multi faith chapel and advice from village agents.

If you are a refugee or refugee host and are interested in coming along on this date.

Email social.justice@ammerdown.org
or call us on 01761 433709.



Zoom



Soul of Leadership Zoom Taster Session:

Margie Buchanan-Smith and Margaret Benefiel

Tuesday 11 October

5pm GMT

Soul of Leadership is an inspiring and enriching 18-month programme for anyone in a leadership role who wishes to deepen their inner resources to lead with long-term effectiveness and integrity.

A new Soul of Leadership course begins at Ammerdown in January 2023.

Join us for this free Zoom taster session to find out more.

Please email admin@ammerdown.org for the zoom link.

Scholarships available for the programme.

Loving Life with the Enneagram:

Enneagram Journeying: with Wings and Arrows

Helen English

Tuesday 18 October - Thursday 20 October

Please arrive by 10am, course ends with lunch.

Residential - £365 Non Residential - £265

Residential Course - R2722

In this workshop exploring Wings and Arrows will be a key feature, grounded in the Enneagram's three centres and the connection between them. How do they work? How do they affect us? How can they be used more consciously? The Enneagram is not about 'boxing' or fixing people. It's a dynamic system encouraging movement and change. It's about actually enabling movement, so we're more fully in the flow of life: becoming more conscious, identifying where we're resisting and discovering how to move through.

This is a Part 2 workshop so you will have already done a Foundation Workshop at Ammerdown or elsewhere.



Taize Prayer

Every third Wednesday of the month

Wednesday 19 October

7pm - 8pm

FREE

All are welcome!

A beautiful evening of prayer and meditation with live music, readings and times of stillness and silence.

Followed by tea & coffee.

Cuppa and a chat

Laura Deacon

Monday 24 October

2pm - 4pm

FREE

As the weather cools, what could be better than warming the soul with a chat and a cup of steaming hot tea or coffee and a slice of delicious homemade cake? The team here at Ammerdown care greatly about tackling loneliness in the local area. This is a monthly support group that offers a safe and welcoming environment for individuals to come and talk to others and enjoy afternoon tea and cake in our beautiful facility.

We play quizzes and board games and have a natter over tea and cake. The best part is, it's FREE! Can't get here? We'll come and get you, all you need to do is let us know in advance. Transport is free of charge.



Calligraphy

Josie Brown

Monday 24 October - Friday 28 October

Please arrive by 12 noon, course ends with lunch.

Residential - £605 Non Residential - £405

Residential Course - R1622

A week for exploring the many and varied Gothic scripts, from the historical to the contemporary. Beginners will start with the traditional and those with experience will continue through with a script of their choice, whether cursive, Batarde, Legende or more modern versions which lend themselves to processes like printing, embossing or cut lettering, etc. We will also experiment with Gothic-style decoration, in terms of gilded initials, traditional designs and border work – giving us the tools to create beautiful illuminated works of art.

FULL - Waiting list only.



Refreshing Day for Carers

Tuesday 25 October

Please arrive by 10am, day ends at 3pm.

£15

Day Course D4622

Those who care for others need to be cared for themselves. Join us for a relaxing day at Ammerdown including a two course cooked lunch and gentle activities. Please arrive by 10am, day ends at 3pm.

TLC Day for the Retired

Colin and Audrey Gibson

Thursday 27 October

Please arrive by 10am, day ends at 2pm.

£15

Day Course D4722

Times in the Lebanon

Colin and Audrey discuss the time that they spent travelling in the Lebanon.

These days invite those who are retired to enjoy a talk or activity, a two course cooked lunch, an optional chapel service and time to chat and enjoy each others company.



November

Stitched textiles

Sian Martin

Friday 4 - Sunday 6 November

Please arrive by 6pm, course ends with lunch.

Residential - £305 Non Residential - £205

Residential Course - R3322

This weekend workshop is suitable for experienced textile artists and is part of a continuous series of weekends (two weekends per year) to help participants develop confidence and an adventurous approach to their textile work. The tutor will give individual mentoring and also group tuition to stimulate and challenge individual creativity. Participants are ultimately encouraged to create a body of work that could be submitted to a group exhibition.



With the Benefit of Hindsight

John Bell

Monday 7 November - Thursday 10 November
Please arrive by 12 noon, course ends with lunch.

Only Non Residential places remaining - £335

Residential Course - R1922

This retreat offers the opportunity to reflect on matters of life and faith regarding which traditional Christian attitudes have been challenged, causing many people to change their minds or amended their theology. We will consider issues such as Biblical Truth, Race, Environment, Sex and Gender Issues, Technology and Public Worship. We will draw on the testimony of respected authorities and our own life experience, and listen respectfully in areas of disagreement.



TRASH 2 TREASURE

Laura Deacon

Saturday 12 November

10am - 12pm

£3.50 per child

Day Course - D4822

Come along and turn your trash into treasure! We will make a Christmas themed decoration using all things recycled.

Please bring along an empty can, bottle, magazines or used tinfoil, if you have them.

Price includes materials, a drink and a snack.



Silver Jewellery

Pauline Payne

Monday 14 - Wednesday 16 November

Please arrive by 12 noon, course ends after lunch.

Residential - £320 Non Residential - £220

Residential Course - R3222

Learn traditional silversmithing techniques such as saw piercing, soldering and polishing so you can develop your own ideas into beautiful pieces of jewellery. Suitable for complete beginners and an opportunity for students who wish to practise and extend any previously learnt skills, at their own pace. Beginners will start by making a silver band ring, and with a simple approach to design, progress by choosing to make other items such as pendants, earrings, cufflinks, brooches and bangles. You'll be surprised at the standard of work that can be achieved. There will be an additional fee for the silver used.



Redwork Embroidery

Annette Bolton

Monday 14 - Thursday 17 November

Please arrive by 6pm, course ends with lunch.

Residential - £435 Non Residential - £285

Residential Course - R1322



Redwork dates back to the 1800's in America where penny squares were embroidered with simple stitches, using just one colour. A very relaxing and rewarding technique covering a variety of hand embroidery stitches, with added embellishments. There will be several projects to choose from, including a folder suitable for holding notes and patterns. This course is suitable for all abilities.

Refreshing Day for Carers

Tuesday 15 November

Please arrive by 10am, day ends at 3pm.

£15

Day Course D4922

Those who care for others need to be cared for themselves. Join us for a relaxing day at Ammerdown including a two course cooked lunch and gentle activities. Please arrive by 10am, day ends at 3pm.





Taize Prayer

Every third Wednesday of the month
 Wednesday 16 November
 7pm - 8pm
 FREE

All are welcome!

A beautiful evening of prayer and meditation with live music, readings and times of stillness and silence.

Followed by tea & coffee.

TLC Day for the Retired

Martin Horler
 Thursday 17 November
 Please arrive by 10am, day ends at 2pm.
 £15
 Day Course D5022

The Somerset Story Teller

The Somerset Storyteller - Martin Horler presents a morning of stories all from memory, tales old and new, myths and legends, humorous and serious mainly based on Somerset.

These days invite those who are retired to enjoy a talk or activity, a two course cooked lunch, an optional chapel service and time to chat and enjoy each others company.



Stained Glass Christmas Decorations

Tracey Quinn
 Saturday 19 November
 9.30am for 10am until 4pm
 £85 includes morning coffee, lunch and afternoon tea.
 Day Course - D5122

Come and make a selection of Christmas decorations for your home or for gifts. Tracey will provide all the materials and tools required so that you can create your own individual decorations. Tracey's beautiful stained glass work is now sold in the Ammerdown Gift Shop.



Visit to the Orthodox Synagogue in Bristol

Sunday 20 November
1:15pm from Ammerdown or 2:30pm at the Synagogue. Return to Ammerdown for 5:30pm.
FREE - Suggested Donation £10
Day Course- D5222

Join us as we visit our Jewish friends at the Orthodox Synagogue in Bristol. Come and learn about Judaism and what it means to be Jewish Orthodox. Meet at Ammerdown at 1.15pm, if you would like a lift, or meet us at the synagogue. This visit is organised by Ammerdown and the Bath Interfaith Group. All are welcome!

Cuppa and a chat

Laura Deacon
Monday 28 November
2pm - 4pm
FREE

As the weather cools, what could be better than warming the soul with a chat and a cup of steaming hot tea or coffee and a slice of delicious homemade cake?

The team here at Ammerdown care greatly about tackling loneliness in the local area. This is a monthly support group that offers a safe and welcoming environment for individuals to come and talk to others and enjoy afternoon tea and cake in our beautiful facility.

We play quizzes and board games and have a natter over tea and cake.

The best part is, it's FREE!

Can't get here? We'll come and get you, all you need to do is let us know in advance. Transport is free of charge.



December



TRASH 2 TREASURE

Laura Deacon
Saturday 3 December
10am - 12pm
£3.50 per child
Day Course - D5322

Come and make two Christmas themed handmade gifts one to take home and one for a Ukrainian refugee child.

Please bring along an empty can, bottle, magazines or used tinfoil, if you have them.

Price includes materials, a drink and a snack.

Advent Quiet Day

Christine Clinch and Rev Narinder Tegally
Thursday 10 December
9.30am for 10am until 4pm
Day Course - D5422

£55 includes morning coffee, lunch and afternoon tea.

Watching and Waiting with Mary. Reflecting on Advent from Mary's perspective, inspiring our own Advent journeys.

We gather together in the quiet space of Ammerdown to reflect on our lives and our spiritual journey, through readings, prayer, music and meditation. There will be plenty of time to walk the labyrinth and the grounds, as well as the opportunity to be creative through art and writing.



Refreshing Day for Carers

Tuesday 13 December
Please arrive by 10am
£25
Day Course D5522

Festive Quiz and two course Christmas Lunch

Those who care for others need to be cared for themselves. Join us for a relaxing day at Ammerdown including a two course cooked lunch and gentle activities. Please arrive by 10am, day ends at 3pm.

Our bar opens at 12pm and our optional delightful Christmas Carol service takes place in the Chapel at 12:15pm. This is followed by a delicious two course Christmas feast served at 1pm. It's set to be a magical afternoon for all!

TLC Day for the Retired

Thursday 15 December
Please arrive by 10am
£25
Day Course D5622

Festive Quiz and two course Christmas Lunch

Our bar opens at 12pm and our optional delightful Christmas Carol service takes place in the Chapel at 12:15pm.

This is followed by a delicious two course Christmas feast served at 1pm. It's set to be a magical afternoon for all! These days invite those who are retired to enjoy a talk or activity, a two course cooked lunch, an optional chapel service and time to chat and enjoy each others company.





Carols by Candlelight

In the Ammerdown Garden

A delightful evening of festive carols in our beautiful garden. Join us after the service for delicious mulled wine and mince pies!

Wednesday 14 December

7pm - 8pm

Donations for Ukraine Refugees in Somerset.

www.ammerdown.org

01761 433709

The Ammerdown Centre

Ammerdown Park

BA3 5SW

QUANTUM THEATRE Presents

Family friendly,
for all ages!



Original music
and songs!

Sunday 11 December at 3pm

When Gerda's friend Kay is taken by the Snow Queen no one knows what's happened to him, but the heartbroken Gerda decides she must set out to find him. A long and dangerous journey ensues, as Gerda battles to escape from a sorceress, is captured by robbers, meets a prince and princess, enlists the help of a friendly crow and reindeer and finally reaches the Snow Queen's icy palace.

But is she too late to melt Kay's frozen heart? Only her love is strong enough to try...

Michael Whitmore's enchanting adaptation of Hans Christian Andersen's magical tale conjures up a captivating mix of fantasy, fable and love triumphing over evil in this ever popular Christmas classic.

Please book via www.quantumtheatre.co.uk



Caring for Creation

via Zoom

Zoom

Wednesday 26 October **Zoom Course - Z0622**
Wednesday 23 November **Zoom Course - Z0722**
10-11am

Join us as we reflect on Climate Change, learn from each other and discover new ways of making a difference.

Please email admin@ammerdown.org to register for the zoom link.

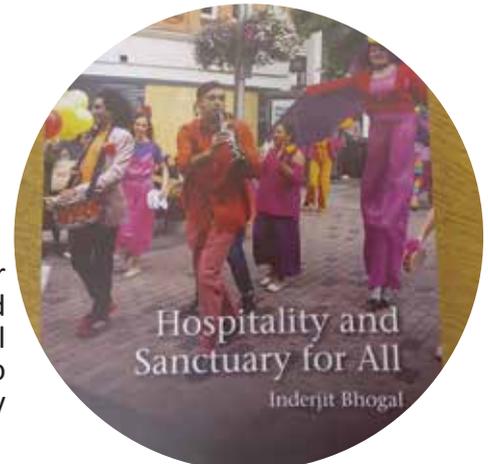
Zoom

Advent Study

via Zoom

Rev Narinder Tegally, Christine Clinch & Inderjit Bhogal
Thursday's 24 November, 1, 8, 15 December
Zoom Course - Z0822
7-8pm FREE

I was a stranger and you welcomed me... Matthew 25v35
As we prepare to welcome the Christ this Advent, join us for a four week Advent study, via Zoom, as we reflect on Hospitality and Sanctuary for All with Inderjit Bhogal's new book. Together we will explore the themes: God takes Sanctuary among us; Hospitality to the Stranger; Welcome the Stranger: Gift and Redemption; and City of Sanctuary: Cultures of Welcome, Hospitality and Safety.
Please email admin@ammerdown.org to register for the zoom link.



Ammerdown Christmas 2022

A warm welcome awaits you this festive season at
The Ammerdown Centre!

Join us for Ammerdown Christmas Lunches
Monday 12th until Saturday 17th December

Our bar opens at 12pm and our optional delightful Christmas
Carol service takes place in the Chapel at 12:15pm.
This is followed by a delicious Christmas feast served at
1pm. It's set to be a magical afternoon for all!

Book for your group or family and friends from the 14th
October. Call us on 01761 433709 or email
admin@ammerdown.org.

Two Course Meal £26.95

Three Course Meal £32.95



Ammerdown

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Contact us

01761 433709

www.ammerdown.org
centre@ammerdown.org



The Ammerdown Centre



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